



MELISA MERAL

WORKSHOP FACILITATOR & SPEAKER

Motivating busy teams with engaging workshops on Productivity, Time Management, Organization, and Overconsumption

Profile

Delivers **high-energy, results-driven workshops** for **Corporate Wellness initiatives and Employee Benefit programs** using a career background of **10+ years in People Operations**, a Bachelor's in Sociology, and Neurolinguistic Programming (NLP) + Somatic Coaching Certifications

Productivity, Time Management, and Organization Expert - Led a successful home organization business before expanding impact through an **Amazon Best-Selling book**, an **online course**, a **thriving YouTube channel**, and a **widely streamed podcast**

Global speaker & workshop facilitator since 2018, **helping teams reduce overwhelm, increase efficiency, and boost performance!**

Pricing

One Hour Virtual Workshop: \$500

One Hour In-Person Workshop (Local to Oklahoma): \$750

One Hour In-Person Workshop (Dallas, Wichita, Little Rock): \$1,500

One Hour In-Person Workshop (USA & Global): Negotiable



Contact

 MelisaMeralOfficial@gmail.com

 [linkedin.com/in/melisameral](https://www.linkedin.com/in/melisameral)

 Oklahoma City, OK - USA

 melisameral.com



Past Client Examples

Looking for an engaging, energizing, and entertaining speaker for your next Lunch & Learn, Monthly Town Hall, Quarterly Offsite, or Annual All-Hands Meeting?

Let's work together!